



IT'S NOT A BAR/BAT MITZVAH.
IT'S A CHAI MITZVAH.

Was the last time you celebrated being Jewish when you were thirteen?

Turn your 31st, 49th, 67th and 80th plus birthday into a uniquely Jewish lifetime event.

Nassau county has been selected as one of the year-two national pilot sites for this exciting new project. Central Synagogue of Nassau County is among a handful of South Shore Congregation chosen to offer this program.

The 21st Century tradition of *Chai Mitzvah* is celebrated every eighteen years after your bar/bat mitzvah, and any time after 80 years of age. *Chai Mitzvah* participants may be within two years of the age categories (i.e. 26-31, 47-51, 65-69, and 80+) It is your opportunity to grow your Judaism in a way that is meaningful to you. Through *Chai Mitzvah* you will increase your Judaic knowledge, adopt a new ritual or deepen your existing practices, and engage in the social action of your choice.

Chai Mitzvah programs begin this fall. I will serve as our congregation's *Chai Mitzvah* Mentor and help you design a *Chai Mitzvah* program that is meaningful to you. This is your opportunity to engage in the many learning, ritual and social action projects that your synagogue and the larger Jewish community have to offer. *Chai Mitzvah* participants are also encouraged to attend monthly community classes with a unique curriculum designed especially for each age group. Your experience will culminate in a Central Synagogue and community wide celebration.

Grow your Judaism. Become a Chai Mitzvah. For more information about *Chai Mitzvah*, contact me. 766-4300, ex. 322.

B'vrakha (with blessing) - בברכה

Rabbi Marc A. Gruber